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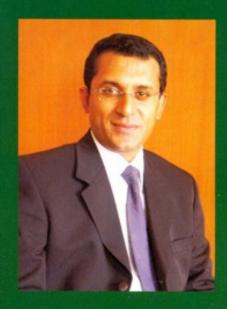
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# WELCOME



It is my pleasure to welcome you to the Coorg Institute of Dental Sciences (CIDS). Here excellence is no accident, but a way of life. We believe in a totally student-centric approach and provide admittance to just 3 postgraduate students per speciality, whilst limiting our intake of undergraduates to only 40 per academic year. This facilitates our highly qualified and experienced faculty to devote individual attention and guidance, honing students' skills and enabling them to attain greater levels of professional competence and confidence.

Founded by the Kanjithanda Kushalappa foundation in 1999, CIDS has established firm credentials as an exemplary educational institution emulating high standards of academic excellence. In just under a decade, CIDS has garnered recognition from the Dental Council to provide professional education and training for student's to attain the Masters Degree under the aegis of the Rajiv Gandhi University of Health Sciences, Bangalore, to which it is affiliated. More than a mere qualification this recognition underscores this institution's teaching-learning ambience, faculty excellence, graduate rating and high standards of academic brilliance.

Whilst on the one hand, CIDS teaches students to emulate high professional benchmarks they are also urged to heal with a humane touch. Students are trained to be self-reliant and yet serve the community at large.CDIS is collation of well-equipped dental clinics, laboratories, instruction halls, residential quarters and a well-stocked referral library. Set as it is on a 30-acre campus of exquisite trees and flowering shrubs, it makes for a salubrious environment of study and patient care. CIDS is blessed with a peaceful and tranquil ambience.

I am sure CIDS will contribute greatly towards your professional and personal growth. Once again, a hearty welcome!

Professor Dr. Sunil Muddaiah Managing Trustee Coorg Institute of Dental Sciences

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# COORG INSTITUTE OF DENTAL SCIENCES



Established in 1999 and nestled amongst the picturesque and verdant 'Malathirke Hills of Virajpet, the taluk headquarters, CIDS is the only professional institute in the entire district of Coorg.

Affiliated to the Rajiv Gandhi University of Health Sciences, Bangalore, CIDS is recognised by the Dental Council of India (DCI), New-Delhi and the Union Ministry of Health and Family Welfare, New-Delhi.

Displaying typical qualities of great institutes of learning, CIDS has always maintained a tradition of excellence in education, and has always provided a fertile environment where bright young minds flourish, and where analytical thinking is both encouraged and nurtured. The faculty is a fine blend of young and experienced academicians with fine clinical skills, who impart knowledge gleaned from research in respective fields, to students, creating a stimulating academic environment.

CIDS, with its facilities that include a coffee shop, an active student representative council, personal and academic counselling, medical centre and well-sourced library, ensures that, apart from academics, students enjoy a sporty and vibrant social life on campus. Also, full accommodation options are also available in and around the campus.

### **OUR VISION**

To achieve distinction as an exemplary teaching and research institute that imparts a very high quality of undergraduate and postgraduate education via a completely student-centric approach.

CIDS is committed to academic excellence and places considerable importance on academic research by providing a supporting environment. CIDS believes that every student who passes its portals is a thorough professional with the ability to think creatively, analyse with clarity and communicate effectively. At CIDS every faculty member is encouraged to pursue individual academic interests, thereby boosting the institute's areas of academic strength and enhancing its reputation manifold.

# LIVING AND STUDYING IN COORG



### COORG

Coorg, also known as Kodagu, is 4,102 sq.km. of timeless beauty, an exquisite combination of history, geography, botany, zoology and sociology; a live tapestry of captivating natural beauty, cuisine and aroma! Described as the Scotland of India, Coorg is set amidst the verdant valleys, imposing mountains CLIMATE and teak and rose wood forests of the Western Ghats, at an altitude of 1,525 m above mean sea level.

### CULTURE & FESTIVALS:

The main festivals of the Kodava community revolve around agriculture and martial history.

Kailpodu - The 'Festival of Arms is held sometime between June and September. Weapons are polished and worshipped before reuse. Cauvery Sankaramana - In October, the river Cauvery is paid obeisance. Puthari - The Harvest festival is celebrated in November or December. The festival is replete with folk-songs and dances performed by the different villagers at their temples.

### LANGUAGES:

Kodava, Kannada, Malayalam, Tamil, Hindi & English.

### SOCIAL TOPOGRAPHY:

Coorg comprises mainly 4 different communities: Kodava, Tulu, Gowda, Moplah. Of these, the largest is the Kodava community.

Season	Min	Max	Clothing
Winter (Oct to Jan)	14 C	26 C	Thick Cotton Light Wool & Sneaker
Summer (Feb to Jun)	20 C	32 C	Light Cotton & Sneakers
Monsoon (Jul to Sep)	18 C	30 C	Umbrella, Rain coat & Sneaker

### ECONOMY:

Agriculture, Coffee, Forestry and Tourism.



# STUDENT SUPPORT SERVICES

### MEDICAL CARE

The medical care for students and faculty is provided by medical professionals in the town. Any student requiring medical care may approach the Managing Trustee through the hostel warden. The services are provided at:

### VIRAJPET NURSING HOME:

1.5kms from the campus, this nursing home is run by the Physician-Obstetrician couple, Dr. M C Kariappa M D and Dr (Mrs) Fathima Kariappa OBG.

### ATHREYA HOSPITAL:

About 1.5 km. from the campus this hospital is run by the Surgeon-Obstetrician couple, *Dr. T. S Poonacha* M S (Gen. Surgery) and *Dr. (Mrs)*Jayada Poonacha DGO. They are complemented by the Orthopaedic-Anaesthesiologist couple, *Dr. Bishan C. Monappa* M S (Ortho) and *Dr (Mrs.) Rema Rajah* DA.

### MOLLY CAMPUS:

Paediatric consultant Dr. T.N. Achaiah DCh. caters to the tiny tots here.

The doctors named above are also members of CIDS faculty.







### Coorg Coffee Cup

Is a hugely popular annual national inter-collegiate cricket tournament.

### Sports Week & Cultural Week

Is the CIDS intra-collegiate event looked that opens up vistas of opportunity for students to exhibit their sporting and cultural prowess.

### Movie Club

Showcases blockbuster movies of popular languages each Saturday night.



# STUDENT SUPPORT SERVICES

### LIBRARY

The well-stocked CIDS library is a rich and comprehensive repository of print and electronic information, statistical information, journals and catalogues. The 'Helinet', internet resource consortia provided by the Rajiv Gandhi University of Health Sciences enables easy access to quality electronic information resources.



### TRANSPORTATION

CIDS offers members of the faculty, students and patients, complimentary Shuttle services between the campus and the town, at half-hourly intervals. Transport services are provided to students for outings as well.



# STUDENT SUPPORT SERVICES

### **CAFETERIA**

Students are required to be part of the hostel mess run by the students committee. The cafeteria caters to both vegetarian and nonvegetarian palates. South Indian and North Indian cuisines are available to cater to individual tastes.

Cafe Cloud 9, the coffee shop, offers a variety of pastries, sundaes and beverages, with the added luxury of satellite television.

An ideal place to unwind and soak in the natural beauty around.



### INSTITUTE ACCOMMODATION

CIDS offers students adequate, clean, safe and economic accommodation options, allowing them to live together in a multi-cultural environment that fosters academic growth and personal & social development as well.

The residences/hostels for men and women are separate and are located in and around the campus. The Ladies Hostel is located inside the campus and is open to all female students. The Men's Hostels are also located conveniently and is open to all male students.

The undergraduate hostels are overseen by a live-inresidence supervisor/warden. The hostels are equipped with colour televisions and cable networks. Room facilities available include:

- 1. Single Occupancy with attached bath
- 2. Twin sharing with attached bath
- 3. Twin sharing with common bath
- 4. Triple sharing basis with common bath

### PRIVATE ACCOMMODATION

Postgraduate students who prefer to stay independently or in groups are welcome to do so. In these cases, all private rental arrangements are to be handled between the student and the rental agent.

# REGULATIONS

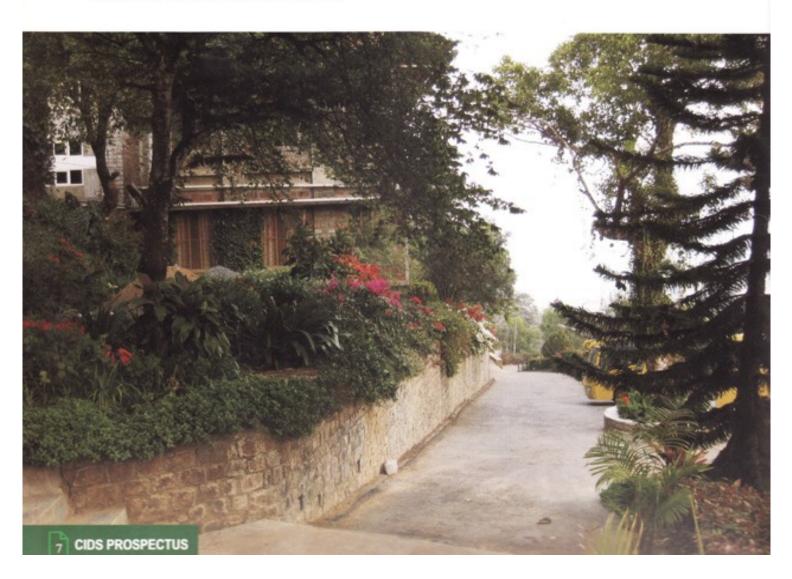
Ragging is an unpleasant and an undesirable act punishable by law. An official circular from the Dental Council of India dated June 2008 states:

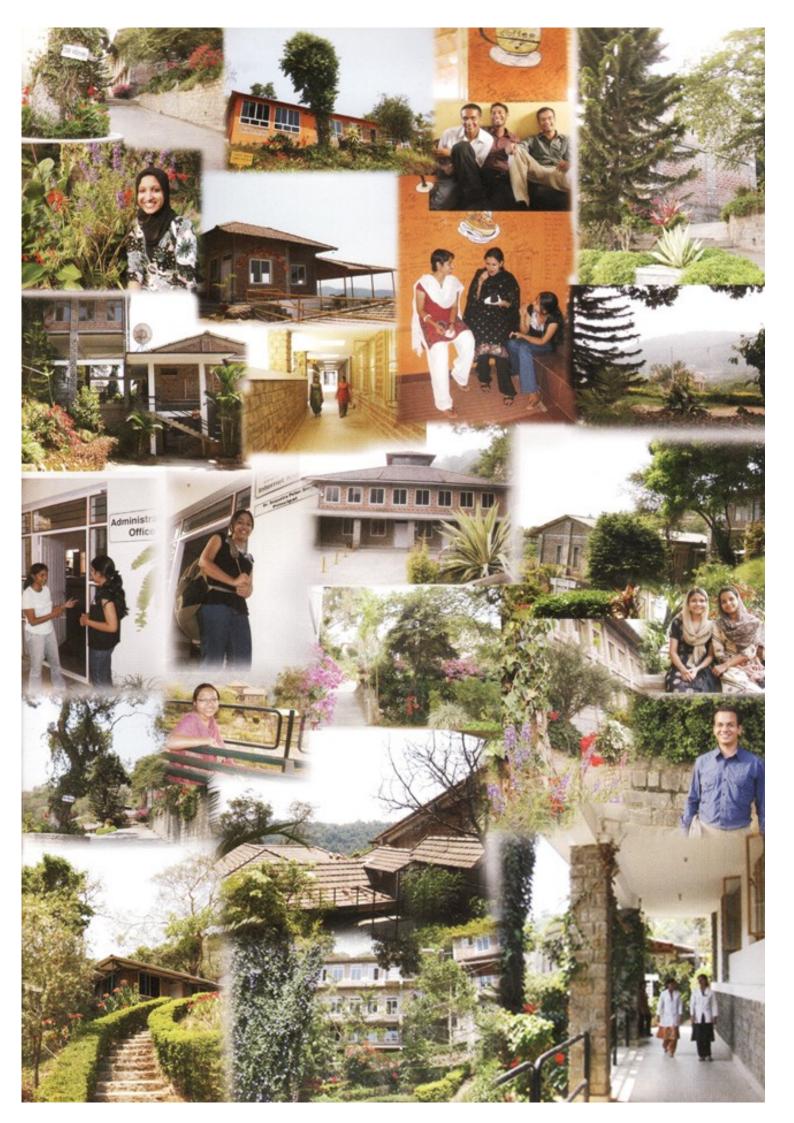
"If any incident(s) of ragging comes to the notice of the authority, the concerned student shall be given the liberty to explain and if his/her explanation is not found satisfactory, the authority would expel him/her from the institution"

### This rule is to be strictly complied with.

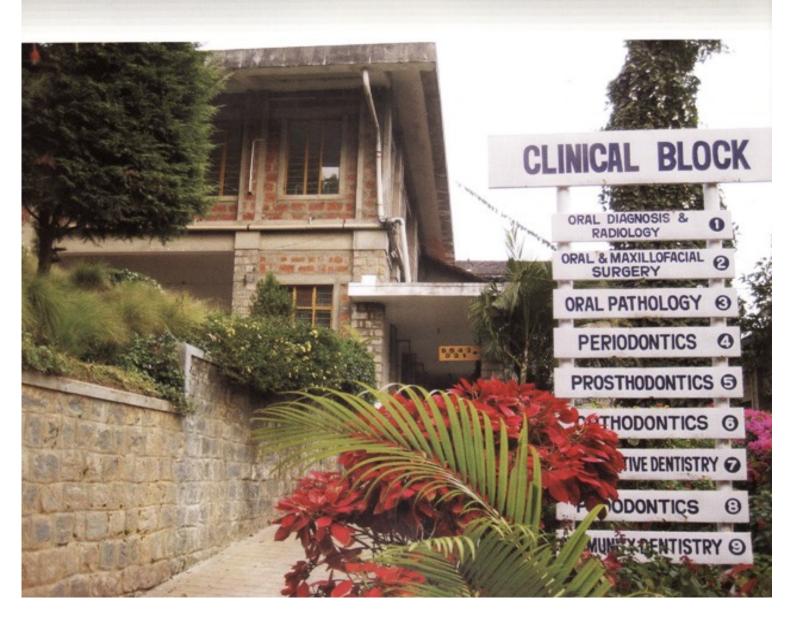
- Students are strictly prohibited from:
  - a) Smoking on campus
  - b) Consuming alcoholic beverages on campus
  - c) Using or encouraging the use of illegal drugs
  - d) Possessing arms & ammunition and displaying the same
  - Using mobile phones and such other electronic devices inside lecture halls, laboratories, library, examination centres and audiovisual halls
- The students are required to strictly adhere to schedule and learn to properly empathise with the patients

- As befits a professional Institution, students are not to attire themselves with jeans and/or T-shirts. Male students are required to wear formal trousers with shirts tucked in and wear their hair short. Female students shall be attired in salwar kameez/saris or in any appropriate formal wear.
- The students are required to wear their doctor's coats in the clinics and also to carry their identity cards at all times
- The students are required to attend not less than 80% of the classes in each subject as stipulated by the Rajiv Gandhi University of Health Sciences
- Only students of the I and II year BDS only are allowed an annual vacation. However, students are permitted to go home during weekends once a month with prior permission from the concerned departments, hostel wardens and the college office. A legitimate fax from the parent is mandatory to accord this permission.





# **ACADEMIC PROGRAMMES**



## UNDERGRADUATE TRAINING PROGRAMME

A candidate for selection to BDS course must have secured a minimum aggregate of 50% in Physics, Chemistry and Biology at the qualifying examination.

The undergraduate dental training programme leading to the BDS degree shall be of 5yrs with 240 teaching days in each academic year.

### Subjects of Study First Year

- I. General Human Anatomy including Embryology and Histology
- General Human Physiology and Biochemistry, Nutrition and Dietics
- iii. Dental Materials
- iv. Pre-clinical Prosthodontics and Crown & Bridge

### Second Year

- i. General Pathology and Microbiology
- ii. General and Dental Pharmacology and Therapeutics
- iii. Dental Materials
- iv. Pre-clinical Conservative Dentistry
- v. Pre-clinical Prosthodontics and Crown & Bridge
- vi. Oral Pathology and Oral Microbiology

### Third Year

- i. General Medicine
- ii. General Surgery
- iii. Oral Pathology and Oral Microbiology
- iv. Conservative Dentistry and Endodontics
- v. Oral & Maxillofacial Surgery
- vi. Oral Medicine and Radiology
- vii. Orthodontics and Dentofacial Orthopedics
- viii. Pediatric & Preventive Dentistry
- ix. Periodontology
- x. Prosthodontics and Crown & Bridge

### Fourth Year

- i. Orthodontics and Dentofacial Orthopedics
- ii. Oral Medicine and Radiology
- iii. Pediatric & Preventive Dentistry
- iv. Periodontology
- v. Oral & Maxillofacial Surgery
- vi. Prosthodontics and Crown & Bridge
- vii. Conservative Dentistry and Endodontics
- viii. Public Health Dentistry

### Fifth Year

- Oral & Maxillofacial Surgery
- Prosthodontics and Crown & Bridge
- iii. Conservative Dentistry and Endodontics
- iv. Public Health Dentistry

### INTERNAL ASSESSMENT FOR UNDERGRADUATES

These assessment examinations may be held at least 3 times in a particular year and the average marks of these examinations shall be considered. 10% of the total marks in each subject for both theory, practical / clinical examination should be set aside separately for the internal assessments.

### SCHEME OF EXAMINATION FOR UNDERGRADUATES

The scheme of examination shall be divided into annual examination at the end of every academic year.

Any student, who does not clear the first BDS University Examination in all subjects within 3 years from the date of admission, shall be discharged from the course.

Any candidate who fails in one subject in an examination is permitted to go to the next level class and appear for the subject and complete it successfully before he is permitted to appear for the next level examination

# POSTGRADUATE TRAINING PROGRAMME

Dentistry does not confine to the platform of treating carious teeth alone. The teeth act as a gateway for various other systemic manifestations and involvements. Accordingly, the realm of dentistry has nine specialities encompassing it as a whole.

The Institute offers recognized postgraduate training in all the specialities in dentistry. The specialities include:

- 1. Oral Medicine and Radiology
- Oral and Maxillofacial Surgery
- Oral and Maxillofacial Pathology
- 4. Periodontology
- 5. Prosthodontics and Crown & Bridge
- Orthodontics and Dentofacial Orthopedics
- 7. Conservative Dentistry and Endodontics
- 8. Pedodontics and Preventive Dentistry
- 9. Community Dentistry

### ELIGIBILITY

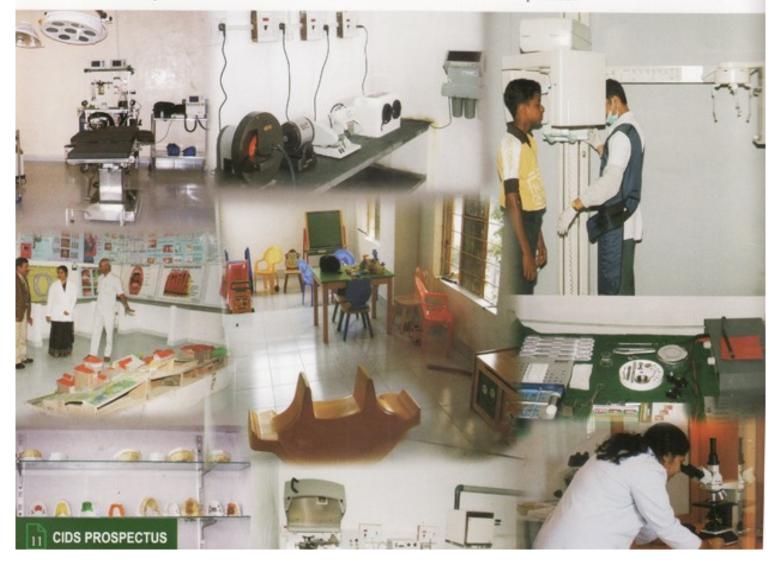
A candidate for admission to the MDS course (Master of Dental Surgery) must have a recognized degree of BDS (Bachelor of Dental Surgery) awarded by an Indian University recognized by the Dental Council of India (DCI) or any equivalent qualification recognized by the apex body. The candidates are required to obtain a recognized permanent registration with the State Dental Council.

### SELECTION OF POSTGRADUATE STUDENTS

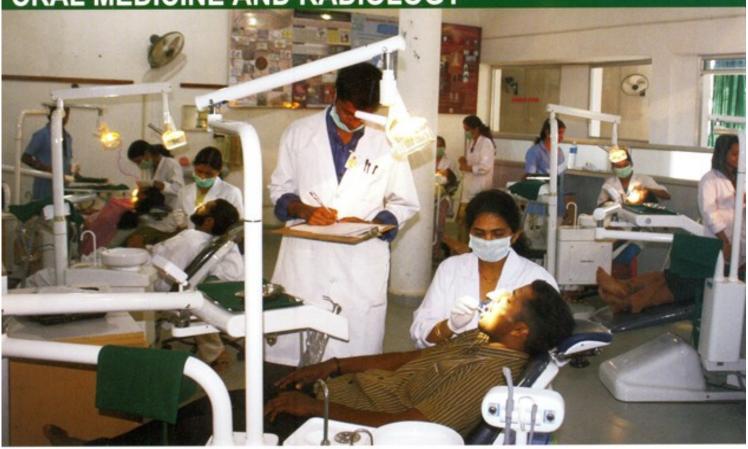
Students for postgraduate dental courses shall be selected strictly on the basis of their academic merit as determined by a centralized competitive test or as determined by a competitive test conducted by the State Government

### PERIOD OF TRAINING

The course is of three years duration. All the candidates for the degree of MDS are required to pursue the prescribed course for at least three academic years as full time candidates under the direction of the Head of the Department.



# **ORAL MEDICINE AND RADIOLOGY**



Oral Medicine is a speciality within dentistry that focuses on the diagnosis and management of complex diagnostic and medical disorders affecting the mouth and jaws.

Undergraduates are trained to diagnose and manage the routine diseases and lesions affecting the oral and perioral region. However, the postgraduates with advanced training in this discipline manage oral mucosal diseases, salivary gland disorders, oro-facial pain, Temperomandibular joint (TMJ) disorders and oral manifestations of systemic diseases. They are also trained to treat medically compromised patients. Along with precise diagnosis and treatment planning, mucocutaneous diseases and chronic ulcerative lesions are treated here with the latest treatment protocol. Premalignant lesions are detected and treated early to prevent progression using topical and systemic steroid therapy & some conditions like oral submucous fibrosis, with intralesional injections.

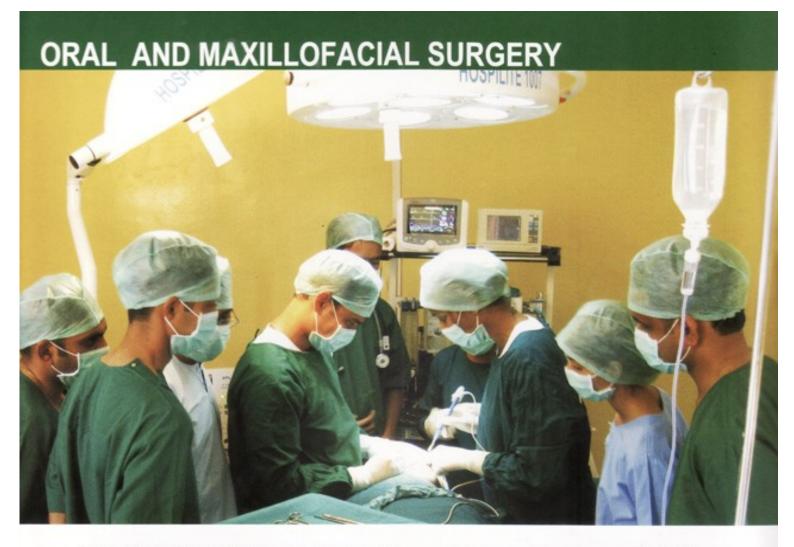
Chronic and acute TMJ disorders are diagnosed and treated with proper medicinal and interventional therapy including occlusal splints and physical therapy with TENS and acupuncture. We also take special care for acute oro-facial pain and neuralgic disorders with medicinal treatment and appropriate referrals at the appropriate time. We also have a special medical care unit with a medical physician in charge, for the diagnosis of underlying systemic diseases and treatment planning for the same.

We have a state of art radiology department equipped with conventional and latest digital equipment. We provide the best images of craniofacial complex with special imaging like transectional view, anterior and posterior slice images of jaws. Advanced TMJ radiology and special radiographic techniques for implant placement and salivary gland disorders are the hallmark of our department. Adding to the maxillofacial imaging, we are also equipped with an extra-oral machine for full body imaging for thoracic, chest, abdomen, lower extremity and spine.



# C.I.D.S. by Night.



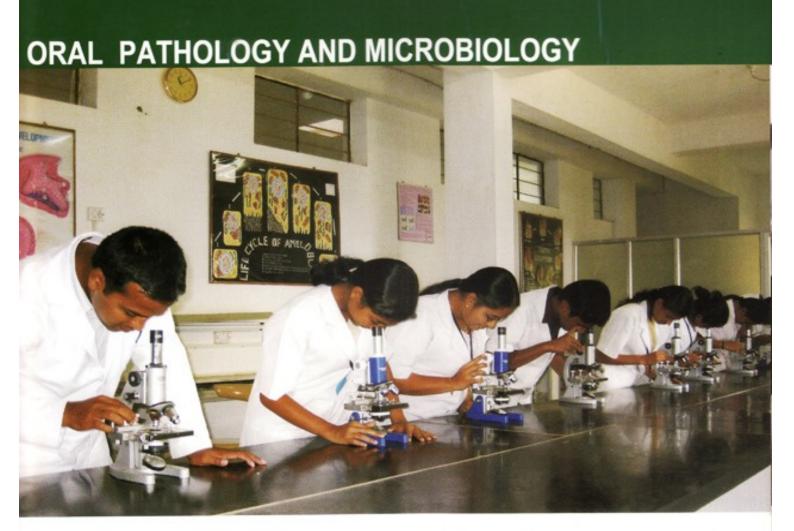


Oral & Maxillofacial Surgery is synonymous with cure, palliation and alleviation, dealing with the diagnosis and treatment of various diseases, injuries and defects involving the orofacial region. An undergraduate training in Oral Surgery enables the graduate to deal with simple exodontia, complications arising from routine extractions like, tooth/root fractures, tissue lacerations, post extraction bleeding, minor post extraction infections, immediate management of medical emergencies in the dental office and minor surgical procedures like apicoectomy and alveoloplasty.

The postgraduate training programme however, not only trains the candidate to manage complicated exodontia, but also trains the student to diagnose and manage various conditions such as cysts and tumors of jaw bones, disorders of maxillary sinus, traumatic injuries of orofacial soft and hard tissues, temporomandibular joint disorders, salivary gland diseases, dentofacial deformities including cleft of lip and palate, orofacial infections, precancerous lesions, orofacial pain and facial neuropathy.

The active postgraduate programme also includes various pedagogic and didactic activities aiming to hone their academic and communicative skills. Their representation in many state and national level conferences hold true to this.

In addition to rendering outpatient care for minor surgical procedures, the department is geared to meet emergencies and has an operation theatre equipped with anaesthetic ventilator, fibre optic light source, multipara monitors and the like catering to patients of trauma, maxillofacial pathologies, dentofacial & congenital deformities (orthognathic surgery and cleft lip & palate repair) and salivary gland disorders to name a few.



The Department of Oral pathology and Microbiology handles the teaching and learning of dental anatomy and histology, oral pathology as well as forensic odontology.

Oral Pathology deals with the nature of oral diseases, their causes, processes and effects. It relates the clinical manifestation of oral diseases to the physiologic and anatomic changes associated with these diseases.

The department occupies a prime location in the campus overlooking verdant hills and swaying fields along a misty horizon. It accommodates the undergraduate section in the first floor and the postgraduate in the second. The department activities include routine blood investigations, tissue processing, routine staining, immuno-histochemistry, biopsy and cytology.

The postgraduate lab is complete with a well equipped laboratory having all the essentials like semiautomatic tissue processor, binocular and monocular microscopes, hematology section, incubator, microtomes, distill water plant, ph meter and digital weighing machine. The haematology section along with a research microscope section enabling digital slide photography is also available. Interdepartmental studies are also carried out on routine basis. An exchange programme with the Department of Oral Pathology, Government Dental College, Nagpur and a one month Oncology posting at Bharath Institute of Cancer Science, Mysore are also incorporated in the postgraduate schedule. Various interdepartmental studies have already been carried out in thias short span.

Active participation in national and state level deliberations has brought many laurels to the department.

# PERIODONTOLOGY



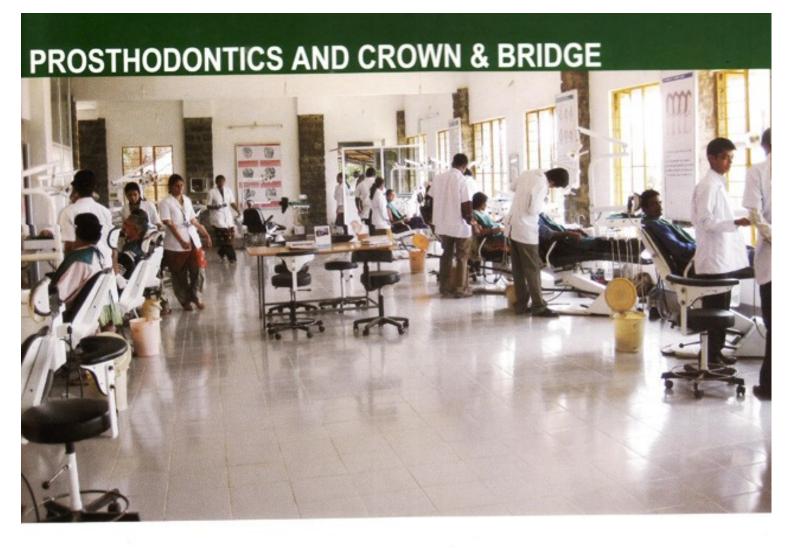
Periodontology is that branch of dentistry which deals with the health and disease of the tissues surrounding the teeth (gums, bone). The Department of Periodontics is a perfect amalgamation of a team of young and energetic faculty, modern equipments, the latest facilities and an excellent ambience. With a well-equipped set up we aim to cater to every periodontal need of the patient.

The postgraduate training programme gives the student an opportunity to learn and master a variety of surgical and non surgical clinical procedures such as:

- > Periodontal Flap Surgeries
- Regenerative Techniques: Bone grafts( Bio-Oss, Perioglass, Osseo-graft)/GTR (Bio-Gide)
- Mucogingival Procedures: Connective tissue Grafts/ Free Gingival Grafts/ Coronally Repositioned Flap/ Vestibuloplasty/ Frenectemy& Frenotomy/ Crown Lengthening
- Resective Osseous Surgeries
- > Gingivectemy: Scalpel/Electrosurgery
- Implants
- Treatment of complicated cases using a multidisciplinary approach

The department has also been actively participating in a number of excellent research activities.





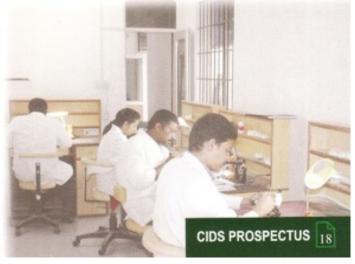
Prosthodontics is all about esthetic rehabilitation of teeth using bridges, crowns, veneers and dentures. Departmental activities include intense Post graduate and Under graduate training involving all the major areas of the science. We aim to make the graduates proficient in day to day Prosthetic work with an emphasis on removable dentures including cast RPDs, and basic clinical training in FPDs like anterior full crowns. Also the graduates are made aware of the different treatment modalities ranging from precision attachments to implants.

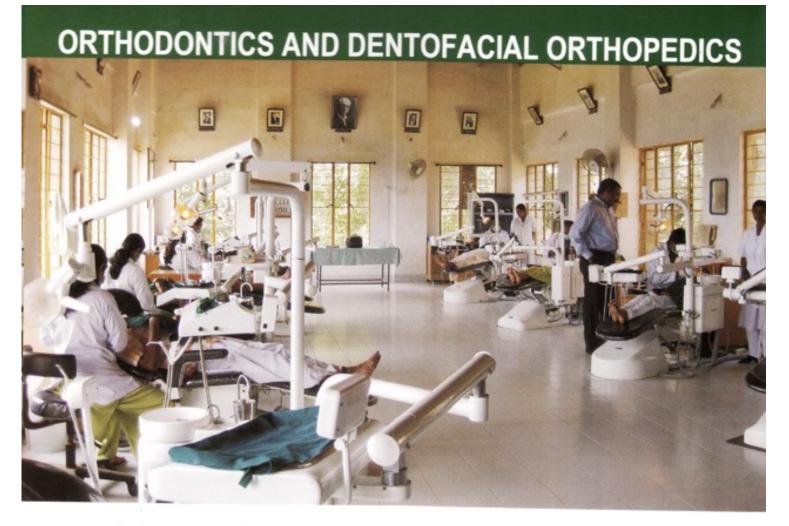
Post graduates are dealt on a wider platform with a vision of total inclusiveness in the fields of Implants, FPD, crowns, veneers, maxillofacial prostheses, RPD, precision attachments, dental materials, occlusion and TMJ, and gnathology. The deliberations range from didactic and pedagogic exercises to detailed clinical management drills to advanced laboratory works.

The department boasts of a modern hi-tech laboratory with the complete armamentarium for all types of modern prosthetic work. This includes sophisticated ceramic furnaces, induction casting machines, implant kit, All-ceram kit, milling machines, duplicators, die cutting Pindex machine, surveyors, semiadjustable articulators and myriad trimming and polishing motors to name the major few.

Active participation and hosting of workshops, CDEs and seminars on state and national levels definitely talk volumes about the stature of this department.







Situated independently on the 1st floor in a calm atmosphere, it is divided into an Under Graduate Section and Postgraduate Section. An undergraduate is initially introduced to the Basics of Orthodontics by means of Lectures, seminars, and discussions in the 3rd year. A Final year student gets well acquainted with the diagnosis and treatment planning which is the prime requisite to prepare them towards their success in clinical practice. They are trained in treatment of patients with removable and functional appliances with an insight into the basics of fixed appliances. They are trained in cephalometrics, model analysis and orthodontic photography. They are provided with separate clinical and preclinical working areas with dry and wet labs.

Postgraduate Clinic

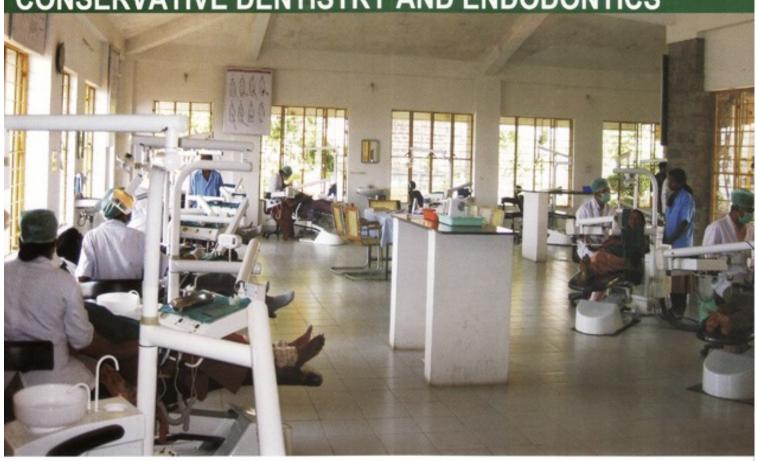
Each post graduate is provided with separate working area equipped with ultrasonic scaler, light cure etc, to help and enhance the quality of work. Each postgraduate is provided with a personal Alkon modular system for keeping their instruments, case files, and models. They are trained in self ligating bracket systems, temporary, anchorage devices (micro implants), lingual appliances, invisalign etc along with conventional orthodontics. They are involved in interdisciplinary treatment modalities like Naso alveolar molding, surgical orthodontics, adjunctive adult orthodontics, etc.

They are also provided training in digital photography and use of software for model analysis and cephalometrics. They are provided with a state of art virtual and digital library in addition to the central library.

Postgraduates are also involved in research and have been appreciated for their presentations, and publications nationwide. The department is provided with a software which simulates the treatment outcome of the patient.



# CONSERVATIVE DENTISTRY AND ENDODONTICS



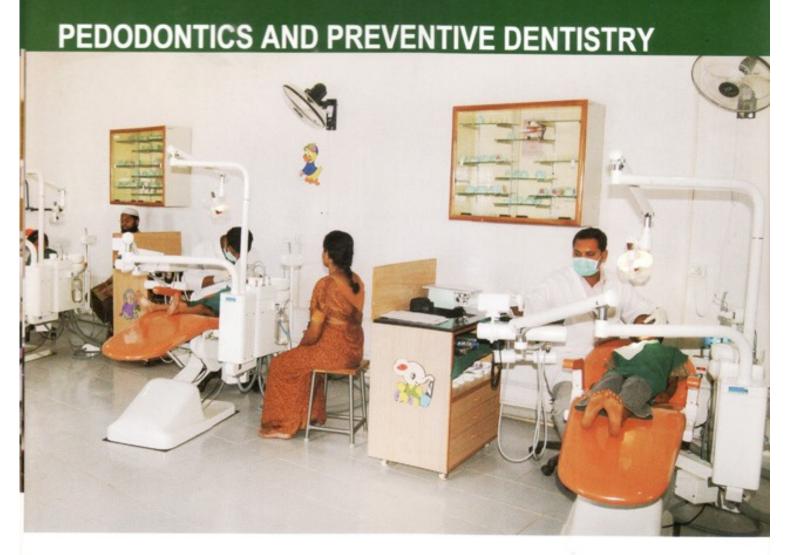
Conservative Dentistry is a branch of Dentistry which focuses on the conservation of tooth structure and maintains the teeth in a harmonious relationship with other hard and soft tissues in the oral cavity. It embraces the practice of Operative dentistry, Cariology, Endodontics and more recently Cosmetic or Esthetic Dentistry.

The Department caters to Post Graduate training in Conservative dentistry and Endodontics and graduate learning in the science of Operative Dentistry. The students are taught in detail about material sciences, basics in cariology, fundamentals of operative dentistry and endodontics.

Under Graduate Training Programme includes training and practice in dental material sciences, hands on practice on phantom jaws and rigorous clinical training in diagnosing and treating common problems like tooth ache, sensitivity, cavities, discolored teeth etc.

Post Graduate Training Programme includes three year training period mainly focusing on advanced level teaching in diagnosis and treatment planning in restorative dentistry, cariology, endodontics, endodontic surgeries,, esthetic dentistry, and traumatic injuries of teeth. The course also involves in depth discussions, seminar presentations, journal club meetings, chair side evaluations and literature reviews. The primary focus remains advanced patient care providing the best possible options in preserving teeth maintaining strict professional skills and attitude.

The Department offers state of the art facilities in the form of digital radiography, advanced equipment for conventional rotary and surgical endodontics, a well equipped lab, a well stocked library, seminar rooms, phantom head lab for PG's and UG's along with a modern ceramic lab and a surgical operating microscope.



Department of Pediatric Dentistry is the epicentre for restoring childrens' smiles which specializes in the dentistry for infants, children, adolescents and special needs patients. The entire team of faculty are dedicated to the oral health of children from infancy through the teen-age years. During this "growth" phase of a child, special approaches are needed in dealing with their behavior, guiding their dental growth and development in order to avoid future dental problems. All our training is devoted to meeting their specialized needs including child management under sedation and general anesthesia. In addition to teaching the most up-to-date treatments available for a wide variety of children's dental problems, we also train students to deal with their behavioral aspects and how to make them feel comfortable and pleasant about the treatment they are receiving.

The department also supports a meticulously chalked out post-graduate teaching program encompassing comprehensive oral health care that includes infant oral health exams, which include risk assessment for caries in mother and child, preventive dental care including cleaning and fluoride treatments, nutrition and diet recommendations, habit counselling, early assessment and treatment for straightening teeth and correcting an improper bite, diagnosis of oral conditions associated with diseases such as diabetes, congenital heart defect and attention deficit hyperactivity disorder, management of gum diseases and conditions care for dental injuries etc.

Special children are the not so blessed little flowers of our society. The department of pediatric dentistry is doing its fair bit in helping these children smile. The department has adopted three nodal centres for special children at Swastha (Suntikoppa), Opportunity School, Kodagu Vidyalaya (Madikeri) and Cheshire Home (Polibetta). These centres also provide a window of opportunity to our post-graduates to hone their skills and enhance their confidence in managing special children.

The unique Mobile Dental Clinic of our institution helps in providing door delivery of dental treatment to non-ambulatory special child patients and health care facilities even in the most remote tribal areas of Kodagu District.

# **COMMUNITY DENTISTRY**



Public Health Dentistry is concerned with the study of oral health and disease in the population of a defined community or group. The goal is to identify the oral health needs of the population and to plan and implement measures to effectively meet these needs.

Towards this end, 4 nodal centres have been established in different areas of the district where services, both preventive and therapeutic, are provided. Care for areas further removed from these centres is provided through a well-equipped mobile dental unit. Dental camps are conducted not only in Kodagu district but in neighbouring areas of Mysore district and Kerala state. Apart from the above oral health of children of 3 special schools is also monitored.

The unique **mobile dental clinic** of our institution helps in providing dental treatment at the door step in the remote areas as well as in the various camps that are conducted by the department.

As prevention is the key to improve and maintain oral health, awareness of the association of oral health and general health is emphasised through various programs.

# **ACHIEVEMENTS / OVERSEAS CONNECTIONS**

- Almost all Postgraduate departments have bagged the top awards for paper and poster presentations, table clinics and other academic deliberations at national and state level conferences.
- Members of faculty have not only published papers nationally but some of them have published text books and contributed select chapters to text books.
- We have hosted many Continuing Dental Education programmes, workshops, symposia and Postgraduate conventions in this limited time span namely INTEGRATE '09, PREP '07, PERIO PG convention '06 etc.
- Our active cultural front holds true with our winning the over-all champion ship in the inter collegiate cultural extravaganza SAMSKRITI '07 where students from all over India had participated.
- COORG COFFEE CUP is an annual south zone invitational cricket tournament hosted by the institute which is actively attended by the major colleges and has already earned a name.

- A Clinical Research Centre in collaboration with Goldman school of Dental Medicine, Boston University, USA was opened on Feb'07 to boost clinical research works and the like
- Prof. T E Von Dyke and Prof. Serge Debart of Boston University visited CIDS and gave lectures on Periodontic management
- An overseas exchange programme is in place for students from UK and Australia for short training programmes. Already 4 batches have utilized the facility to complete their project work and to gain additional expertise
- The institute added another feather to its cap when it joined hands with Prof. Dr. Heinz Leubbe, president of the German cleft lip & palate society, in rendering special care for cleft children. He was conferred an honorary Professorship to commend his achievements.

